



September 2019

Key

(1L) 1st Floor Lobby (LR) Living Room
 (2L) 2nd Floor Lobby (MR) Media Room
 (GS) Garden Suites (SU) Sign-Up
 (DRP) 1st Floor Dining Room Porch

Mon	Tue	Wed	Thu	Fri
<p>2 10:00 am Labor Day Game Show & Trivia (2L) 1:30pm Feature Film: Labor Day Movie (2L)</p>	<p>3 10:45 am Balance Class (2L) 2:30 pm Chair Dancing (2L) 3:15 pm Wii Bowling (2L)</p>	<p>4 9:30 am Ready Aim Shoot "Basketball" (GS) 11:00 am Strength & Tone Class (2L) 1:00pm Sunshine Walk (1L) 02:30pm Game Show (2L)</p>	<p>5 10:30am Bell Shoals Senior Choir Fall Concert (2L) 1:00pm Sunshine Walk (1L) 2:30 pm Chair Dancing (2L)</p>	<p>6 9:45am Exercise with Music (GS) 10:45am Morning Stretch (2L)</p>
<p>9 9:45 am Exercises & Music (GS) 10:45 am Morning Stretch (2L) 2:00 pm Drum Magic (CH)</p>	<p>10 10:45 am Balance Class (2L) 2:30 pm Chair Dancing (2L) 3:15 pm Wii Bowling (2L)</p>	<p>11 10:00am All About the Actors (2L) 02:30 pm Strength & Tone Class (2L)</p>	<p>12 10:45 am Balance Class (2L) 1:00pm Sunshine Walk (1L) 2:30 pm Chair Dancing (2L)</p>	<p>13 9:45am Exercise with Music (GS) 10:45am Morning Stretch (2L)</p>
<p>16 10:00 am Music with Emery & Marty (2L) 2:30 pm Fun with Sports "Bowlarama" (2L)</p>	<p>17 10:45 am Balance Class (2L) 2:30 pm Chair Dancing (2L) 3:15 pm Wii Bowling (2L)</p>	<p>18 9:30 am Ready Aim Shoot "Bean Bag Toss" (GS) 11:00 am Strength & Tone Class (2L) 1:30 pm Feature Film "Grease" (2L)</p>	<p>19 10:45 am Balance Class (2L) 1:00pm Sunshine Walk (1L) 2:30 pm Chair Dancing (2L)</p>	<p>20 9:45am Exercise with Music (GS) 10:45am Morning Stretch (2L)</p>
<p>23 9:45 am Exercises & Music (GS) 10:45 am Morning Stretch (2L) 1:00 pm Sunshine Walk 2:30pm Fun with Sports "Bowlarama" (2L)</p>	<p>24 10:45 am Balance Class (2L) 2:30 pm Chair Dancing (2L) 3:15 pm Wii Bowling (2L)</p>	<p>25 9:30 am Ready Aim Shoot "Hockey" (GS) 11:00 am Strength & Tone Class (2L) 2:30 pm Decades & Dollars (2L) (2L)</p>	<p>26 10:45 am Balance Class (2L) 1:00pm Sunshine Walk (1L) 2:30 pm Chair Dancing (2L)</p>	<p>27 9:45am Exercise with Music (GS) 10:45am Morning Stretch (2L)</p>
<p>30 9:45 am Exercises & Music (GS) 10:45 am Morning Stretch (2L) 1:00 pm Sunshine Walk (1L) 2:30 pm Fun with Sports "Bowlarama" (2L)</p>				