



January 2019

Key

(1L) 1st Floor Lobby (LR) Living Room
 (2L) 2nd Floor Lobby (MR) Media Room
 (GS) Garden Suites (SU) Sign-Up
 (DRP) 1st Floor Dining Room Porch

Mon	Tue	Wed	Thu	Fri
	<p>1 Happy New Year's Day 10:00 am Caring is Sharing (2L) 1:30pm Game Show (2L) 2:30 pm New Years Movie (2L)</p>	<p>2 8:45 am Sunshine Walk (1L) 9:30 am Strength & Tone Class (AR) 2:30 pm Balance Class (AR) 3:30 pm Moves to Music (GS)</p>	<p>3 10:30 am Ready, Aim, Shoot (GS) " Golf " 2:30 pm (2L) Chair Dancing</p>	<p>4 8:45 am Sunshine Walk (1L) 9:30am Morning Stretch (2L) 10:15 am Exercise with Music (GS)</p>
<p>7 8:45 am Sunshine Walk (1L) 9:30 am Morning Stretch (2L) 10:15 am Exercises & Music (GS) 2:30 pm Exercise your mind (AR)</p>	<p>8 10:00 am Famous Faces of the 80's (GS) 2:30 pm Fun with Sports - Bowlarama (GS)</p>	<p>9 10:00 am All About the Actors (2L) 2:30 pm Balance Class (2L) 3:30 pm Moves to Music</p>	<p>10 10:30 am Ready, Aim, Shoot (GS) "Basketball" 2:30 pm (2L) Chair Dancing</p>	<p>11 8:45 am Sunshine Walk (1L) 9:30am (2L) Morning Stretch 10:15 am Exercise with Music (GS)</p>
<p>14 8:45 am Sunshine Walk (1L) 9:30 am Morning Stretch (1DRP) 10:15 am Exercises & Music (GS) 2:30 pm Exercise your mind (AR)</p>	<p>15 10:30 am Fun with Sports - Wii Bowling (2L) 2:30 pm Chair Dancing (2L)</p>	<p>16 8:45 am Sunshine Walk (1L) 9:30 am Strength & Tone Class (AR) 2:30 pm Balance Class (AR) 3:30 pm Moves to Music (GS)</p>	<p>17 10:30 am Ready, Aim, Shoot "Horse Shoes" (GS) 2:30 pm (2L) Chair Dancing</p>	<p>18 8:45 am Sunshine Walk (1L) 9:30am Morning Stretch (2L) 10:15 am Exercise with Music (GS)</p>
<p>21 8:45 am Sunshine Walk (1L) 9:30 am Morning Stretch (2L) 10:15 am Exercises & Music (GS) 2:30 pm Exercise your mind (AR)</p>	<p>22 10:30 am Fun with Sports - Bowlarama (2L) 2:30 pm Chair Dancing (2L)</p>	<p>23 8:45 am Sunshine Walk (1L) 9:30 am Strength & Tone Class (AR) 2:30 pm Balance Class (AR) 3:30 pm Moves to Music (GS)</p>	<p>24 10:30 am Ready, Aim, Shoot (GS) "Ghost Town " 2:00 pm (2L) Hooray for Hollywood Kick-Off Party</p>	<p>25 8:45 am Sunshine Walk (1L) 9:30am Morning Stretch (2L) 10:15 am Exercise with Music (GS)</p>
<p>28 8:45 am Sunshine Walk (1L) 9:30 am Morning Stretch (2L) 10:15 am Exercises & Music (GS) 2:00 pm Dancing for Joy Kids Group (2L)</p>	<p>29 10:30 am Fun with Sports - Wii Bowling (2L) 2:30 pm Chair Dancing (2L)</p>	<p>30 8:45 am Sunshine Walk (1L) 9:30 am Strength & Tone Class (AR) 2:30 pm Balance Class (AR) 3:30 pm Moves to Music (GS)</p>	<p>31 10:30 am Ready, Aim, Shoot "Horse Shoes" (GS) 2:30 pm Chair Dancing (2L)</p>	